

FINDING A DIFFERENT PATH: LESSONS LEARNED FROM A LEAVE OF ABSENCE



**Presenter: Dr. Daisy Dulay, FRCPC Cardiology/Internal Medicine
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Taking a (unexpected) leave of absence can be stressful and feel like a career ending event, but it doesn't have to be. Dr Dulay shares her story of the personal and systemic factors that led to her LOA. She also shares her observations dealing with colleagues, healthcare leaders and organizations that helped her reframe the LOA as an opportunity, and ultimately returned to work on a different path than imagined. In the current health human resource crisis, the other underlying message from this talk is that everyone can still contribute to the healthcare system, by focusing on strengths rather than weaknesses.

60 minute video

Vernon Jubilee Hospital Physician Society CME recording

Link to video:

<https://youtu.be/5ADwZCDCugY>